

# What To Expect: **Medication Instructions**

## **Please follow these instructions:**

- Remove gauze before eating, drinking, sleeping, or taking any medications.
- Make sure you eat before taking any pain or antibiotic medication as it may upset your stomach. We recommend soft foods such as ice cream, yogurt, applesauce, mashed potatoes, etc.

## **Pain:**

- Starting immediately after the procedure, take one prescription Motrin/Ibuprofen (600mg) or three over-the-counter Motrin/Ibuprofen (200mg) tablets every six hours.
- Take Percocet or Vicodin (narcotic) three hours after your Motrin dose. If you feel the Motrin is sufficient for your pain, do not take the narcotic.
- You should not drive or drink alcohol after taking a narcotic.

## **Antibiotic:**

- Take Amoxicillin/Penicillin or Clindamycin as directed on the prescription label. Continue with the antibiotic until the prescription is finished.

## **Peridex/Periogard:**

- Starting the day after the procedure, gently rinse with Peridex/Periogard twice a day. Continue for one week after the procedure. If you are an implant patient, gently rinse with Peridex twice a day for a week. Following the first week, use a cotton swab dipped in Peridex to keep the implant site clean.
- If a prescription rinse has not been prescribed by your physician, rinse with warm salt water after meals to keep the surgical sites clean.